



Suggested Items List:

- Men's and women's razors
- Deodorant
- Shampoo/conditioner (suggest travel size)
- Toothbrushes/Toothpaste (suggest travel size)
- Dental floss
- Hand cream/body lotion (suggest travel size)
- Hairbrush/comb
- Sunscreen/Insect repellent/lip balm
- Body wash (suggest travel size)
- Warm winter hats
- Water-resistant/waterproof gloves or mitts
- Summer socks for men, women, or children
- Winter socks for men, women, or children
- Underwear for men, women, or children
- Juice boxes
- Peanut-free school snacks
- Poly tarps (4x6 and larger)
- Baby wipes
- Diapers (all sizes)
- Baby formula
- Rain ponchos
- Waterproof reusable bags
- Sleeping bags
- Hand/body wet wipes
- Bus tickets
- Gift Cards (\$5 and \$10 amounts)
- Protein bars
- Band-Aids
- Nail clippers/files
- Reusable water bottles
- Pots and pans
- Utensils (knives, forks, spoons)
- Kitchen utensils (can opener, wooden spoons, spatulas)
- Blankets
- Hand warmers
- Shaving cream (suggest travel size)
- Hairbrush/comb
- Menstrual underwear
- Menstrual hygiene product

Thank you for supporting our neighbours in need.

General tips for donating products:

- Travel-sized items are much easier for people who do not have much space to store things.
- Plastic reusable bags with a zipper (e.g. Ziploc) are a great way to organize, store, and keep items dry.
- When choosing food items, avoid sticky or hard foods that some may find difficult to chew (e.g. nuts, gum, granola bars, etc.)
- Unscented products are user-friendly, especially those sensitive to fragrances.
- Avoid items with alcohol in them (e.g. hand sanitizer, mouthwash, rubbing alcohol, etc.).
- Avoid aerosol products.
- Have some gently used items you'd like to donate? The revenue generated through the Mission Store funds Mission Services of London's valuable community programs; Men's Mission, Rotholme Family Shelter, Quintin Warner House Addiction Treatment Centre, Community Mental Health programs, and the Voucher program.

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