GOING DEEPER

JONAH PART TWO – 'DARK NIGHTS OF THE SOUL' (THE SURPRISED BY GRACE SERIES)

- Read Jonah 2 plus Psalm 18:4-6; Psalm 69:1-2, 14-15; Psalm 42:7; and Psalm 130
- Make a list of reasons why it is very appropriate to pray/to go to God for help in our times of trouble. Read and even try to memorize Hebrews 4:14-16

• "As important as what we are waiting for is what God wants to do in us as we wait." Do you agree with this statement? Why do so many of us hate to wait? Reflect on those times you have found yourself in God's' waiting room'.

• Honest self-examination can lead to surrender/submission to God. In what areas of your life are you struggling with self-reliance? Pray for a greater sense of Christ reliance in your life and in this church.

• What are some evidences of grace in Jonah 2? Consider this statement: "In Jonah 1 God captures Jonah's attention in Jonah 2 God captures Jonah's heart." Thank God for second chances!